



# *Come to the Woods!*

## **Help us find Mama Makemie!**

**Makemie Woods Folkdance Weekend in Barhamsville, VA :  
November 13 - 14, 2010**

**Saturday:** Teaching 3-6 PM; Potluck Dinner 6-7 PM; Request Dancing 7PM- 'til you drop

**Sunday:** Potluck Breakfast 8-10 AM and dance to your own tune;  
10 AM - 12 Noon - Review dances taught Saturday and Requests;  
1-2 PM Clean up, last dance and depart.

**Cost:** Workshop, dance and overnight stay, both days: \$35 adults, \$15 children (ages 3-18)  
Saturday only: \$12 each for afternoon workshop or evening party, or \$18 for both.

**Make checks payable to:** VBIFDC and mail to Beth Lyon-Suhring, 4901 Milner's Road,  
Suffolk, VA 23434; phone: 757-255-4028 or email: [lyonsuhring@hotmail.com](mailto:lyonsuhring@hotmail.com)

**Make your reservations early - you know how fast we fill up.**

**Meals:**

All meals are potluck. Please bring a covered dish to share for Saturday night's dinner, and for breakfast/lunch on Sunday. Please bring snacks and drinks too. Remember, there is one refrigerator, a microwave oven, but no stove. Crock pots are helpful. Please label your dishes and utensils.

**Dress:**

Casual dress is good for all teaching sessions. You may want to bring something a little dressier for the evening's party (still casual though). Bring shoes for dancing, extra socks, and shoes for walking. Bug repellent may come in handy if you would like to hike on the surrounding trails.

**Other Things to Bring:**

In addition to the food and dress described above, you will need to bring a sleeping bag or sheets and blankets, pillow, towels and personal items for an overnight stay.

**Telephone:**

800-566-1496 (camp office) or 804-566-1039 (Laurel Hall Pay Phone)

**How to Find Makemie Woods Camp**

It is located just off Interstate 64, between Williamsburg and Richmond.

***From the Southside, Peninsula (64 East):***

Get off at exit 227, West Point/Toano (You will have passed the exits for Colonial Williamsburg and Lightfoot.) Bear to the right and take Route 30 (New Kent Hwy.) Stay on this road approx. 2 miles, until you see a "Makemie Woods" sign on the left. Turn left at the sign, onto Stage Rd. About a mile later, turn left at the next "Makemie Woods" sign, onto Ropers Church Rd. A half-mile later, at the third camp sign, turn right into the camp driveway. Follow the camp driveway to the next road to the right (not the house.) Then turn an immediate right into the parking lot for Laurel Hall.

***From Washington/Richmond (64 West):***

Get off at exit 220, West Point. Go all the way to the traffic light, and turn right onto Route 30 (New Kent Hwy.) Follow this about 5 miles, until you see the small post office on the left. At this point, turn right onto Stage Road at the "Makemie Woods" sign. About a mile later, turn left at the next "Makemie Woods" sign, onto Ropers Church Rd. A half-mile later, at the third camp sign, turn right into the camp driveway. Follow the camp driveway to the next road to the right (not the house.) Then turn an immediate right into the parking lot of Laurel Hall.

See the facility online: <http://www.makwoods.org/retreat/laurel.htm>

**Mark your calendars for May 7 - 8, 2011 it is the 30 year Anniversary of VBIFDC weekends at Makemie Woods.**